

# Smile No Bullying Newsletter

## Issue No. 2



Nottingham  
City Council

NOTTINGHAM  
mencap



*Smile No Bullying is a Partnership Project between Nottingham Mencap, Nottingham City and Nottinghamshire County Councils.*

*The role of the Smile No Bullying Coordinator is jointly funded by Nottingham City and Nottinghamshire County Council Learning Disability Partnership Boards*

Hello! Welcome to the second issue of the 'Smile, No Bullying' Newsletter! Remember, this is **your** newsletter with information about what you've been up to and news about upcoming events, so please get in touch with anything that you would like me to include in the future. The contact details are below.

Happy Reading! *Rachel*, Smile No Bullying Worker

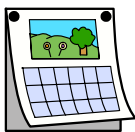
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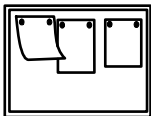
Smile No Bullying Groups and Staff Training



News about Nottinghamshire Police



Upcoming Events (things happening soon)



Posters

To find out more about anything you read in this newsletter or to contribute to future issues, please contact:

Rachel,

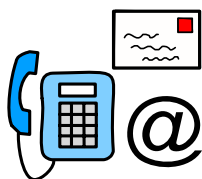
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## 'Smile, No Bullying' Meetings



Nottingham

and

Nottinghamshire



Nottinghamshire  
County Council

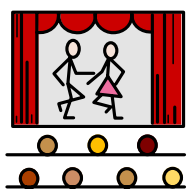


'Smile, No Bullying' was invited to attend a Speaking Up Meeting in December. Members of Speaking Up were there with along with people from **Summerwood** and **Bestwood** Day Services. There were 17 people altogether.

First we talked about how bullying makes people feel. Then we talked about all the things that the people at the meeting were good at and enjoyed doing. Finally, we talked about ideas for telling people that bullying is wrong and about ideas for an Anti-Bullying Conference that we are hoping to hold in May. Everything that people said was put on giant posters like this one.



The Positive Image Group at **Evergreen Performing Arts** have nearly finished practicing a workshop for performing in schools with 'Smile, No Bullying' in the next couple of months. We have written to some schools nearby asking if we can visit them and perform the drama.



The **Dance Group** at **Barncroft** is also practicing hard on their performance for schools in Nottinghamshire. We are hoping to start performing in February and the local primary school has already said that they would love to see it! The group is hoping that in some schools there will be enough space for the young people to join in the dancing!



There is a 'Smile, No Bullying' group that meets monthly at the NHS **Involvement Centre** at Duncan Macmillan House.

Everyone is welcome at these meetings. Talk to Rachel to find out more, or you can ring Jane at the Involvement Centre on 0115 993 4568. In the last few months, members of this group have participated in Anti-Bullying Week, enjoyed a Christmas Dinner in the Nottingham Mencap Café and heard from guests including the Nottinghamshire Police Hate Crime Team.

## Staff Training Workshops

Over 100 members of staff from learning disability services have now been on a 'Smile, No Bullying' Staff Workshop and the feedback from them remains positive - 99% of staff say the day was either 'good' or 'very good'. There are still places left for **9<sup>th</sup> April** this year. To book a place, please get in touch with Rachel.

Lots of staff who have been on the workshop hold a 'Smile, No Bullying' meeting where they work afterwards, so that more people can speak out about bullying and find out what to do if it happens. Rachel has worked with **125 people** in meetings like these, but lots more have been involved in other ways and with the support of other staff members.

Rachel can come and do sessions in staff meetings etc. If this would be useful, or if you would like information about holding a 'Smile, No Bullying' meeting or help with anything else to do with 'Smile, No Bullying', just get in touch.

## Nottinghamshire Police

### Pegasus



In the last Newsletter we told you all about Stay Safe Cards and said that in the future we'd tell you about the other things that Nottinghamshire Police do to make it easier for people with learning disabilities to contact them.

**Pegasus** is a way of making it easier to talk to the Police. People who want to take part tell the Police some information about themselves which is stored on a computer. All the information is kept private and people only take part if they want to.

Things like a person's name and address are stored on the computer with other information such as what sort of disability they have or the things they need help with. After this information has been put on the computer, the person gets a little card with their **Pegasus Number** on it.

If they need to contact the Police they don't have to give the information about themselves again, they just say 'Pegasus' and then give their number to the person on the phone. The person on the phone can then look at the information on the computer and will know how to support them better.

**For more information** or to join the Pegasus project, contact Sergeant Peter Sanderson at Nottinghamshire Police Headquarters on 0115 967 2604.

### Nottinghamshire Police Hate Crime Team



A **Hate Crime** is when someone bullies you because they think you are different or not as good as them. For example damaging your things, saying nasty things about you, hitting you or saying they will hurt you.

They might think that people with a learning disability are different. This is wrong and the Police take it very seriously. We will write more about how the Police respond to Hate Crime in other issues of this Newsletter.

The **Nottinghamshire Police Hate Crime Team** is reviewing their Hate Crime Policy and Procedure at the moment. This means that they want to hear people's views about whether they agree with the things that they are saying and doing about Hate Crime. If you would like to talk to them about it you can give them a ring on 0115 8444923.

### Safety Focus



Personal safety and police awareness for people with learning difficulties

The Safety Focus Partnership started in May 2001. Safety Focus tried to raise police awareness and personal safety for people with disabilities. Lots of projects and meetings were held.

A group of organisations are now forming a virtual partnership (this means using the internet) so that people can find out information about safety issues and so that services can stay in touch. '[Smile, No Bullying](#)' has been asked to join. There will be a Safety Focus Newsletter coming out soon to tell you more about it.

## Upcoming Events (things happening soon)

### Hate Crime Information Event



Royal Mencap have organised a **Hate Crime Information Event** at the Talbot Suite, Rufford Park on 10<sup>th</sup> February from 10:30am-12:30pm. 'Smile, No Bullying' will be doing a speech. The Hate Crime Team and the Crown Prosecution Service will also be there.

For more information about the event or if you would like to go, contact **Lisa Downs**, Community Development Officer, on 07984630004

### The Anti-Bullying Alliance



We will also be talking at the regional meeting of the **Anti-Bullying Alliance** on 25<sup>th</sup> February. The Anti-Bullying Alliance gives people information about stopping bullying, particularly in schools. They also plan **Anti-Bullying Week** every year.

The last Newsletter told you all about what we did in Anti-Bullying Week. If you didn't get a copy and you would like one, speak to Rachel. Or you can look at one on the internet. There is a copy on the Nottingham Mencap website, <http://lifestylechoices.org.uk/>, and one on the Nottinghamshire County Learning Disability Partnership Board website: <http://www.nottscountypb.org/>

### Anti-Bullying Conference



'Smile, No Bullying' is hoping to hold its own **conference** about Anti-Bullying Work in May. We are hoping to tell people all about how they can help to tackle bullying so that more and more people can work together to stop it happening.

There will be some workshops so that everyone has a chance to talk and also some dance and drama performances. Look out for more information in future newsletters, but if you want to know more or have an idea for the day, contact Rachel on 0115 9561130

## On the Buses!



'Smile, No Bullying' had a meeting with the staff from **Nottingham City Transport** who train new drivers and who go into schools talking to young people about using the buses. Rachel told Nottingham City Transport all about what 'Smile, No Bullying' does and they now give their new drivers a leaflet about it and show them the Stay Safe Cards. We are going to have a meeting at the bus depot with more people there, to talk about making transport easier and safer to use. We'll tell you how it went in other Newsletters.

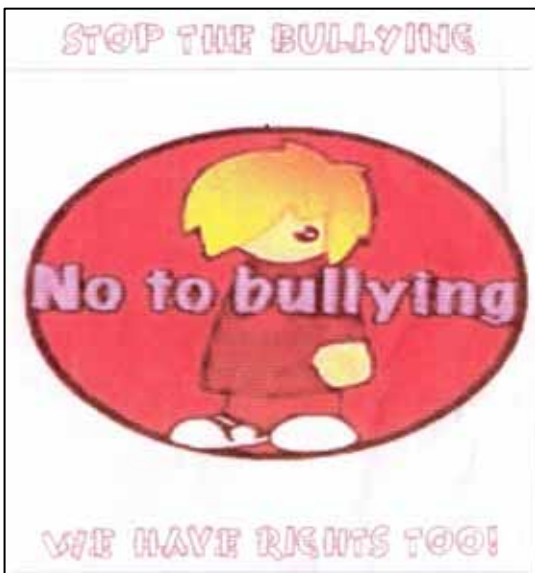
## And finally, more of your posters...



Here is Roger, a member of 'Smile, No Bullying', in front of one of our displays in Anti-Bullying Week.

Doesn't your art work look great?!

This one is by Chloe and Sophie Shacklock from the Nottingham Mencap 813 club:



Cathy Baxter has been busy on her computer making this one for the 'Smile, No Bullying' Steering Group.